

Place	Bib #	First Name	Last Name	Age Division	Sex	Age	City	State	Finishing Time	Chip Time	Pace per mile	Speed (MPH)
1	499	Nikolay	Ryabkov	0 to 50	Male	35	Oakville	On	1:01:56.5	1:01:57.4	8:15	7.266
2	475	Daniel	Moggach	0 to 50	Male	22	Oshawa	On	1:02:59.0	1:02:36.9	8:24	7.147
3	458	Rebecca	Francis	0 to 50	Female	32	Huntsville	On	1:10:55.1	1:10:56.0	9:27	6.345
4	465	Carson	Curiston	0 to 50	Male	15	Markham	On	1:13:40.2	1:13:41.1	9:49	6.109
5	468	Duncan	Mcdonald	0 to 50	Male	29	Elliot Lake	On	1:13:55.6	1:13:56.5	9:51	6.088
6	472	Kevin	Cordy	0 to 50	Male	19	Oshawa	On	1:14:46.3	1:14:24.2	9:58	6.019
7	497	Lynne	Holme	0 to 50	Female	39	Bridgenorth	On	1:15:30.8	1:15:10.7	10:04	5.96
8	495	Doug	Dallin	51 to 100	Male	56	Ennismore	On	1:16:37.4	1:16:19.3	10:13	5.873
9	487	Craig	Andrew	51 to 100	Male	53	Omeme	On	1:18:14.2	1:17:53.1	10:26	5.752
10	477	Darrin	George	0 to 50	Male	48	Stouffville	On	1:18:28.6	1:18:29.5	10:28	5.735
11	496	Phil	Glecoff	0 to 50	Male	39	Tottenham	On	1:21:29.5	1:21:24.5	10:52	5.523
12	482	Kim	Irwin	0 to 50	Female	47	Peterborough	On	1:24:58.0	1:24:36.0	11:20	5.296
13	494	Crystal	Brox	0 to 50	Female	33	New Lowell	On	1:26:15.8	1:26:16.8	11:30	5.217
14	453	Katie	Singleton	0 to 50	Female	31	North Bay	AR	1:28:40.4	1:28:41.3	11:49	5.075
15	486	Heather	Lee	0 to 50	Female	23	Unionville	On	1:29:33.7	1:29:11.6	11:56	5.025
16	476	Maria	Menard	51 to 100	Female	52	Nepean	On	1:29:38.6	1:29:39.5	11:57	5.02
17	460	Liz	Murray	0 to 50	Female	26	Toronto	On	1:32:08.1	1:31:46.0	12:17	4.884
18	488	Xavier	Avery	0 to 50	Male	12	Barrie	On	1:34:32.4	1:34:28.3	12:36	4.76
19	461	Chris	Near	0 to 50	Male	37	Huntsville	On	1:35:16.9	1:35:17.8	12:42	4.724
20	493	Owen	Brokenshire	0 to 50	Male	25	Etobicoke	On	1:36:15.1	1:36:16.1	12:50	4.675
21	492	Chris	Brokenshire	51 to 100	Male	55	Etobicoke	On	1:36:15.3	1:36:16.2	12:50	4.675
22	491	Cheryl	Glecoff	0 to 50	Female	33	Tottenham	On	1:37:29.0	1:37:21.9	13:00	4.617
23	498	Carol	Holme-Killingbeck	51 to 100	Female	52	Cavan	On	1:39:36.8	1:39:27.7	13:17	4.518
24	471	Shawna	Taylor	0 to 50	Female	41	Etobicoke	On	1:40:20.1	1:40:21.1	13:23	4.485
25	481	Robert	Irwin	0 to 50	Male	47	Peterborough	On	1:41:10.6	1:40:48.5	13:29	4.448
26	480	Kevin	Mulligan	51 to 100	Male	60	Ottawa	On	1:41:55.7	1:41:56.6	13:35	4.415
27	447	Christina	Sangalli	0 to 50	Female	27	Whitby	On	1:45:17.3	1:44:54.2	14:02	4.274
28	446	Kristi	Rudmik	0 to 50	Female	29	Whitby	On	1:45:17.7	1:44:54.6	14:02	4.274
29	462	Nancy	St Laurent	0 to 50	Female	46	Lockport	Ne	1:47:36.3	1:47:14.2	14:21	4.182
30	483	Penni	Patenaude	0 to 50	Female	39	Bracebridge	On	1:47:37.5	1:47:38.4	14:21	4.182
31	459	Kimberley	Hickman	0 to 50	Female	44	Hillsdale	On	1:49:08.6	1:48:53.6	14:33	4.123
32	478	Kinga	Miklos	0 to 50	Female	38	Na	On	1:51:44.3	1:51:22.3	14:54	4.027
33	489	Ryan	Curiston	0 to 50	Male	17	Bridgewater	No	1:52:47.0	1:52:47.9	15:02	3.991
34	490	Jeffrey	Curiston	0 to 50	Male	46	Halifax	No	1:52:47.2	1:52:48.1	15:02	3.99

35	485	Linda	Delany	0 to 50	Female	46	Scarborough	On	1:53:58.1	1:53:59.0	15:12	3.949
36	469	Alley	Stennett	0 to 50	Female	23	Hamilton	On	1:57:30.4	1:57:31.3	15:40	3.83
37	450	Rebecca	Mulligan	0 to 50	Female	29	Ottawa	On	1:59:28.0	1:59:29.0	15:56	3.767
38	484	Elizabeth	Clune	51 to 100	Female	56	Toronto	On	2:00:55.1	2:00:56.0	16:07	3.722
39	467	Tonya	Taylor	0 to 50	Female	47	Toronto	On	2:03:13.8	2:03:14.8	16:26	3.652
40	374	Douglas	Mcclellan	51 to 100	Male	51	Niagara Falls	AR	2:09:52.0	2:09:52.9	17:19	3.466
41	373	Martine	Mcclellan	0 to 50	Female	48	Niagara Falls	AR	2:09:53.5	2:09:54.4	17:19	3.465
42	455	Monique	Cuillerier	0 to 50	Female	45	Ottawa	On	2:22:09.0	2:21:46.9	18:57	3.166
43	457	Thomas	Farrell	51 to 100	Male	51	Lockport	Ne	2:57:20.4	2:57:21.4	23:39	2.538
44	456	Gail	Farrell	51 to 100	Female	51	Lockport	Ne	2:57:20.6	2:57:21.6	23:39	2.538

Pace per kilometer	Speed (KPH)	Pace per mile (by chip time)	Speed (MPH) (by chip time)	Pace per kilometer (by chip time)	Speed (KPH) (by chip time)	Split Times	Split Times (by chip time)
5:10	11.625	8:15	7.266	5:10	11.625	Split 1: 1:01:56.484	Split 1: 1:01:57.417
5:15	11.435	8:21	7.188	5:13	11.502	Split 1: 1:02:58.967	Split 1: 1:02:36.900
5:55	10.153	9:27	6.345	5:55	10.153	Split 1: 1:10:55.114	Split 1: 1:10:56.047
6:08	9.774	9:49	6.109	6:08	9.774	Split 1: 1:13:40.187	Split 1: 1:13:41.120
6:10	9.741	9:51	6.088	6:10	9.741	Split 1: 1:13:55.570	Split 1: 1:13:56.503
6:14	9.63	9:55	6.048	6:12	9.677	Split 1: 1:14:46.284	Split 1: 1:14:24.217
6:18	9.536	10:01	5.987	6:16	9.579	Split 1: 1:15:30.797	Split 1: 1:15:10.730
6:23	9.397	10:11	5.896	6:22	9.434	Split 1: 1:16:37.387	Split 1: 1:16:19.320
6:31	9.203	10:23	5.778	6:29	9.245	Split 1: 1:18:14.190	Split 1: 1:17:53.123
6:32	9.176	10:28	5.735	6:32	9.176	Split 1: 1:18:28.554	Split 1: 1:18:29.487
6:47	8.836	10:51	5.528	6:47	8.845	Split 1: 1:21:29.547	Split 1: 1:21:24.480
7:05	8.474	11:17	5.32	7:03	8.512	Split 1: 1:24:58.020	Split 1: 1:24:35.953
7:11	8.348	11:30	5.217	7:11	8.348	Split 1: 1:26:15.834	Split 1: 1:26:16.767
7:23	8.12	11:49	5.075	7:23	8.12	Split 1: 1:28:40.400	Split 1: 1:28:41.333
7:28	8.04	11:53	5.046	7:26	8.073	Split 1: 1:29:33.664	Split 1: 1:29:11.597
7:28	8.033	11:57	5.02	7:28	8.033	Split 1: 1:29:38.594	Split 1: 1:29:39.527
7:41	7.815	12:14	4.904	7:39	7.846	Split 1: 1:32:08.067	Split 1: 1:31:46.000
7:53	7.616	12:36	4.764	7:52	7.622	Split 1: 1:34:32.390	Split 1: 1:34:28.323
7:56	7.558	12:42	4.724	7:56	7.558	Split 1: 1:35:16.850	Split 1: 1:35:17.783
8:01	7.481	12:50	4.675	8:01	7.481	Split 1: 1:36:15.117	Split 1: 1:36:16.050
8:01	7.481	12:50	4.675	8:01	7.481	Split 1: 1:36:15.287	Split 1: 1:36:16.220
8:07	7.387	12:59	4.622	8:07	7.396	Split 1: 1:37:28.950	Split 1: 1:37:21.883
8:18	7.229	13:16	4.525	8:17	7.24	Split 1: 1:39:36.790	Split 1: 1:39:27.723
8:22	7.176	13:23	4.485	8:22	7.176	Split 1: 1:40:20.134	Split 1: 1:40:21.067
8:26	7.117	13:26	4.464	8:24	7.143	Split 1: 1:41:10.560	Split 1: 1:40:48.493
8:30	7.065	13:35	4.415	8:30	7.065	Split 1: 1:41:55.684	Split 1: 1:41:56.617
8:46	6.839	13:59	4.29	8:45	6.864	Split 1: 1:45:17.297	Split 1: 1:44:54.230
8:46	6.839	13:59	4.29	8:45	6.864	Split 1: 1:45:17.704	Split 1: 1:44:54.637
8:58	6.691	14:18	4.196	8:56	6.714	Split 1: 1:47:36.277	Split 1: 1:47:14.210
8:58	6.69	14:21	4.182	8:58	6.69	Split 1: 1:47:37.460	Split 1: 1:47:38.393
9:06	6.597	14:31	4.133	9:04	6.613	Split 1: 1:49:08.634	Split 1: 1:48:53.567
9:19	6.444	14:51	4.041	9:17	6.465	Split 1: 1:51:44.320	Split 1: 1:51:22.253
9:24	6.385	15:02	3.991	9:24	6.385	Split 1: 1:52:46.994	Split 1: 1:52:47.927
9:24	6.384	15:02	3.99	9:24	6.384	Split 1: 1:52:47.197	Split 1: 1:52:48.130

9:30	6.318	15:12	3.949	9:30	6.318	Split 1: 1:53:58.100	Split 1: 1:53:59.033
9:48	6.128	15:40	3.83	9:48	6.128	Split 1: 1:57:30.414	Split 1: 1:57:31.347
9:57	6.027	15:56	3.767	9:57	6.027	Split 1: 1:59:28.030	Split 1: 1:59:28.963
10:05	5.955	16:07	3.722	10:05	5.955	Split 1: 2:00:55.064	Split 1: 2:00:55.997
10:16	5.843	16:26	3.652	10:16	5.843	Split 1: 2:03:13.844	Split 1: 2:03:14.777
10:49	5.545	17:19	3.466	10:49	5.545	Split 1: 2:09:51.974	Split 1: 2:09:52.907
10:49	5.543	17:19	3.465	10:49	5.543	Split 1: 2:09:53.480	Split 1: 2:09:54.413
11:51	5.066	18:54	3.174	11:49	5.079	Split 1: 2:22:08.984	Split 1: 2:21:46.917
14:47	4.06	23:39	2.538	14:47	4.06	Split 1: 2:57:20.417	Split 1: 2:57:21.350
14:47	4.06	23:39	2.538	14:47	4.06	Split 1: 2:57:20.620	Split 1: 2:57:21.553