

# 5K RUNNERS DEN ANNIVERSARY

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	ANDERSON, RUSSELL		RUNNER	603	00:20:11.04	6:30/m	9.2mph	M	30	
2	ROOT, PAUL		RUNNER	599	00:21:16.32	6:51/m	8.8mph	M	58	
3	MCLEAN ROSS, BARBARA		RUNNER	1166	00:23:24.23	7:32/m	8.0mph	F	46	1166
4	STEWART, KOLTON		RUNNER	612	00:24:03.65	7:44/m	7.8mph	M	17	
5	BRAGG, MATT		RUNNER	697	00:24:17.51	7:49/m	7.7mph	M	29	
6	HORNE, DAN		RUNNER	1156	00:24:41.09	7:57/m	7.6mph	M	51	1156
7	WEBB, OWEN		RUNNER	618	00:25:25.10	8:11/m	7.3mph	M	42	
8	WEST, SIMON		RUNNER	613	00:25:26.59	8:11/m	7.3mph	M	17	
9	MERCANTI, SAMANTHA		RUNNER	1167	00:25:58.80	8:21/m	7.2mph	F	35	1167
10	COPPOLA, TANYA		RUNNER	606	00:26:13.34	8:26/m	7.1mph	F	42	
11	KNOWLES, BRETT		RUNNER	707	00:27:23.48	8:49/m	6.8mph	M	58	
12	ROBERTS, MATT	HAMILTON, Ont	RUNNER	573	00:28:59.84	9:20/m	6.4mph	M	26	573
13	FAULKNER, MARCEL		RUNNER	1165	00:29:05.02	9:22/m	6.4mph	M	59	1165
14	DEJONG, BILL		RUNNER	619	00:29:21.90	9:27/m	6.4mph	M	45	
15	VERTES, TOVA		RUNNER	844	00:29:36.64	9:32/m	6.3mph	F	29	
16	KAIDA, LISA		RUNNER	1158	00:29:47.02	9:35/m	6.3mph	F	37	1158
17	HORVATH, GEORGE		RUNNER	625	00:30:06.04	9:41/m	6.2mph	M	52	
18	LESLIE, KAREN		RUNNER	602	00:30:06.14	9:41/m	6.2mph	F	35	
19	HOFSTINK, HENRIETTE		RUNNER	863	00:31:04.08	10:00/m	6.0mph	F	47	
20	LOWNDES, JENNIFER		RUNNER	671	00:31:53.52	10:16/m	5.8mph	F	46	
21	BACCHIOCCHI, KAYLYN		RUNNER	1096	00:32:34.29	10:29/m	5.7mph	F	18	1096
22	DREHMER, SARINA	FISHERVILLE, Ont	RUNNER	436	00:32:36.44	10:29/m	5.7mph	F	28	436
23	ALTON, EMILY	BURLINGTON, Ont	RUNNER	90	00:33:19.07	10:43/m	5.6mph	F	28	90
24	BRADY, NATHAN		RUNNER	1164	00:33:38.55	10:49/m	5.5mph	M	19	1164
25	COCKSHUTT, RHONNIE	WATERDOWN, Ont	RUNNER	432	00:33:48.87	10:53/m	5.5mph	F	26	432
26	STEWART, LORI		RUNNER	614	00:35:59.94	11:35/m	5.2mph	F	50	
27	HORNE, JULIA		RUNNER	1157	00:36:01.65	11:35/m	5.2mph	F	46	1157
28	ALTON, SYDNEY	BURLINGTON, Ont	RUNNER	110	00:36:05.55	11:37/m	5.2mph	F	23	110
29	VASEY, MARK		RUNNER	739	00:38:20.68	12:20/m	4.9mph	M	20	
30	TIERS, MARK		RUNNER	1161	00:40:02.43	12:53/m	4.7mph	M	67	1161
31	TIERS, KATHIE		RUNNER	1160	00:40:04.24	12:54/m	4.7mph	F	67	1160
32	LANGFORD, JACK	WATERDOWN, Ont	RUNNER	443	00:41:02.87	13:12/m	4.5mph	M	15	443
33	LOWNDES, JESSICA	WATERDOWN, Ont	RUNNER	444	00:41:09.97	13:15/m	4.5mph	F	16	444
34	PETERS, JANICE		RUNNER	1159	00:41:28.71	13:21/m	4.5mph	F	50	1159
35	PIERCE, ALYSHA		RUNNER	831	00:42:19.89	13:37/m	4.4mph	F	24	
36	ROBERTS, DEAN		RUNNER	705	00:42:20.53	13:37/m	4.4mph	M	3	
37	PIERCE, JAY		RUNNER	814	00:42:21.49	13:38/m	4.4mph	M	28	
38	PIERCE, KATHLEEN	DUNDAS, Ont	RUNNER	538	00:42:21.87	13:38/m	4.4mph	F	29	538
39	MERCANTI-LADD, LISA		RUNNER	1168	00:42:50.68	13:47/m	4.4mph	F	44	1168
40	PENG, WENDY		RUNNER	678	00:44:15.07	14:14/m	4.2mph	F	52	
41	BONCA, FLORA		RUNNER	1153	00:44:15.21	14:14/m	4.2mph	F	57	1153
42	PLAYFAIR, DAWN		RUNNER	1169	00:50:51.31	16:22/m	3.7mph	F	52	1169
43	GROVER, KAREN		RUNNER	1155	00:53:25.44	17:11/m	3.5mph	F	58	1155
44	OAKES, LAUREL	HAMILTON, Ont	RUNNER	446	00:53:59.71	17:22/m	3.5mph	F	46	446
45	CHRISTENSEN, NATHAN	HAMILTON, Ont	RUNNER	429	00:54:01.83	17:23/m	3.5mph	M	29	429
46	CARPENTER, WENDY	ROSSEAU, Ont	RUNNER	268	00:54:03.79	17:24/m	3.4mph	F	29	268
47	TRUSZJOWSKI, RICK		RUNNER	1162	00:54:04.03	17:24/m	3.4mph	M	65	1162
48	TRUSZJOWSKI, SHARRON		RUNNER	1163	00:54:05.89	17:24/m	3.4mph	F	63	1163
49	SAWICKI, JODY		RUNNER	700	00:55:38.15	17:54/m	3.4mph	F	36	
50	STACEY, GENEVIEVE		RUNNER	702	00:55:42.73	17:55/m	3.3mph	F	31	
51	PEARCE, KELLY	DUNDAS, Ont	RUNNER	536	00:55:45.69	17:56/m	3.3mph	F	31	536
52	KIRK, NATHAN	HAMILTON, Ont	RUNNER	442	00:59:35.48	19:10/m	3.1mph	M	28	442
53	BACON, AMANDA	HAMILTON, Ont	RUNNER	260	00:59:36.38	19:11/m	3.1mph	F	25	260
54	ROBERTS, JULIE		RUNNER	841	00:59:43.13	19:13/m	3.1mph	F	34	
55	POWELL, JONAH	HAMILTON, Ont	RUNNER	558	00:59:45.13	19:14/m	3.1mph	M	5	558
56	ANDREWS, JOHN	HAMILTON, Ont	RUNNER	154	00:59:45.34	19:14/m	3.1mph	M	34	154

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57	ANDREWS, STEPHANIE	HAMILTON, Ont	RUNNER	205	00:59:46.42	19:14/m	3.1mph	F	32	205
58	ALLISON, ROBERT		RUNNER	624	00:59:47.89	19:14/m	3.1mph	M	33	
59	PAPADOPOULOS, NIKOLETTA	TORONTO, Ont	RUNNER	516	00:59:52.49	19:16/m	3.1mph	F	28	516
60	POWELL, CHRIS		RUNNER	943	1:01:19.81	19:44/m	3.0mph	M	52	
61	POWELL, AARON	HAMILTON, Ont	RUNNER	567	1:01:25.69	19:46/m	3.0mph	M	35	567
62	GREIG, NATALIE		RUNNER	1154	1:02:26.90	20:05/m	3.0mph	F	43	1154
63	HOWE, COLIN	HAMILTON, Ont	RUNNER	439	1:03:20.58	20:23/m	2.9mph	M	56	439
64	HOWE, ANN	HAMILTON, Ont	RUNNER	438	1:03:21.43	20:23/m	2.9mph	F	56	438
65	POWELL, AUTUMN	HAMILTON, Ont	RUNNER	562	1:04:20.15	20:42/m	2.9mph	F	3	562
66	WARNER, DIANE	CRYSTAL BEACH, Ont	RUNNER	575	1:04:20.41	20:42/m	2.9mph	F	37	575
67	WARNER, LINDSAY	CRYSTAL BEACH, Ont	RUNNER	577	1:04:24.66	20:43/m	2.9mph	M	37	577