	Place in Race	Athlete	Yr.	#	Team	Score	Time	Adjusted Age Time	Age Rank	Age Grade	Race	Division	Place in Division	PTSO	Club
1	82	Alita Dommann	56	1257	Vancouver Falcons Athl	9	35:02.3	28:10.0	1	84.3%	F8km	F (55-59)	1	BC	Vancouver Falcons Athletic Club
2	10	Clara Northcott	70	1767	University Of Toronto To	1	32:26.9	20:51.3	1	84.0%	F6km	F (70-74)	1	ON	University Of Toronto Tc
3	39	Simon Rayner	60	1856	University Of Toronto To	40	30:48.0	24:46.3	2	83.9%	M8km	M (60-64)	1	ON	University Of Toronto Tc
4	132	Kim Russel Brooks	67	1903	Muskoka Algonquin Ru	31	41:43.8	28:20.0	3	83.8%	F8km	F (65-69)	1	ON	Muskoka Algonquin Runners
5	24	Tim Hewson	57	1449	Unattached Ontario	24	30:08.3	24:52.3	4	83.6%	M8km	M (55-59)	1	ON	Unattached Ontario
6	12	Gwyneth Woodson	73	2127	Riversdale Athletics Tra	3	34:28.4	21:00.7	2	83.4%	F6km	F (70-74)	3	SK	Riversdale Athletics Track
7	66	Sarah Nagy	51	1748	Newmarket Huskies Tra	5	33:20.9	28:41.4	5	82.8%	F8km	F (50-54)	1	ON	Newmarket Huskies Track Club
8	53	Daniel Fiorini	62	1304	Newmarket Huskies Tra	50	31:48.1	25:07.7	6	82.7%	M8km	M (60-64)	2	ON	Newmarket Huskies Track Club
9	104	Melissa Putt	59	1844	Unattached Ontario	19	37:23.5	28:46.9	7	82.5%	F8km	F (55-59)	2	ON	Unattached Ontario
10	18	Robert Van Den Heuvel	52	2078	Newmarket Huskies Tra	18	29:33.1	25:25.8	8	81.7%	M8km	M (50-54)	3	ON	Newmarket Huskies Track Club
11	10	Chris Watson	50	2101	Huntsville Werc	10	29:12.5	25:32.5	9	81.4%	M8km	M (50-54)	1	ON	Huntsville Werc
12	128	Rita Botelho	64	1099	University Of Toronto To	27	40:57.1	29:12.3	10	81.3%	F8km	F (60-64)	1	ON	University Of Toronto Tc
13	15	Charles Bedley	51	1061	University Of Toronto To	15	29:28.7	25:33.9	11	81.3%	M8km	M (50-54)	2	ON	University Of Toronto Tc
14	40	Robyn Poulin	42	1826	Vernon Amateur Athleti	1	30:49.1	29:17.8	12	81.1%	F8km	F (40-44)	1	BC	Vernon Amateur Athletics Associa
15	7	Aaron Heidt	48	1440	Vernon Amateur Athleti	7	28:53.7	25:40.3	13	81.0%	M8km	M (45-49)	2	BC	Vernon Amateur Athletics Associa
16	11	Corinne Krezonoski	70	1539	Unattached Ontario	2	33:44.6	21:41.4	3	80.8%	F6km	F (70-74)	2	ON	Unattached Ontario
17	58	Geoffrey Peat	61	1795	Newmarket Huskies Tra	55	32:22.6	25:48.2	14	80.5%	M8km	M (60-64)	3	ON	Newmarket Huskies Track Club
18	9	Brian Byrne	48	1134	London Western T.f.c	9	29:09.3	25:54.5	15	80.2%	M8km	M (45-49)	3	ON	London Western T.f.c
19	45	Lauren King	42	1525	Monarch Athletics Club	2	31:13.5	29:40.7	16	80.0%	F8km	F (40-44)	2		
20	11	Kevin Beatty	48	1055	Unattached Ontario	11	29:16.1	26:00.7	17	79.9%	M8km	M (45-49)	4	ON	Unattached Ontario
21	32	Craig MacLean	52	2167	Unattached British Colu	33	30:22.6	26:08.0	18	79.5%	M8km	M (50-54)	6	BC	Unattached British Columbia
22	5	Andrew Heppner	45	1445	Upriver Running	5	28:47.2	26:11.4	19	79.4%	M8km	M (45-49)	1	ON	Upriver Running
23	55	Troy Cox	57	1208	Huntsville Werc	52	31:56.7	26:21.5	20	78.9%	M8km	M (55-59)	2	ON	Huntsville Werc
24	2	John Clarke	73	1177	Unattached Ontario	2	27:38.8	19:25.7	4	78.8%	M6km	M (70-74)	2	ON	Unattached Ontario
25	129	Makie Ohler	62	2174	University Of Toronto To	28	40:57.6	30:08.1	21	78.8%	F8km	F (60-64)	2	ON	University Of Toronto Tc
26	83	Heather Pady	51	1782	Dundas Valley Track Cl	10	35:04.2	30:10.9	22	78.7%	F8km	F (50-54)	2	ON	Dundas Valley Track Club
27	20	Warren Ringler	48	1878	Toronto West Athletics	20	29:46.1	26:27.4	23	78.6%	M8km	M (45-49)	6	ON	Toronto West Athletics
28	93	Helen Dempster	53	1233	Muskoka Algonquin Ru	16	36:07.2	30:15.9	24	78.5%	F8km	F (50-54)	3	ON	Muskoka Algonquin Runners
29	29	Ryan Leef	50	1564	Athletics Yukon	30	30:18.5	26:30.2	25	78.4%	M8km	M (50-54)	4	YK	Athletics Yukon
30	30	Jeramie Carbonaro	50	1142	Huntsville Werc	31	30:19.0	26:31.1	26	78.4%	M8km	M (50-54)	5	ON	Huntsville Werc
31	75	Chris Deighan	64	1229	Newmarket Huskies Tra	69	34:17.5	26:36.4	27	78.1%	M8km	M (60-64)	4	ON	Newmarket Huskies Track Club
32	6	Adam Hammond	43	1422	Monarch Athletics Club	6	28:48.1	26:36.7	28	78.1%	M8km	M (40-44)	3	ON	Monarch Athletics Club
33	3	Aaron Holmgren	42	1466	Peninsula Track & Field	3	28:37.7	26:38.5	29	78.0%	M8km	M (40-44)	2	BC	Peninsula Track & Field Club
34	17	Jeff Gorman	46	1374	Unattached Nova Scoti	17	29:32.5	26:39.8	30	77.9%	M8km	M (45-49)	5	NS	Unattached Nova Scotia
35	28	Alex Hutchinson	49	1476	Monarch Athletics Club	29	30:16.6	26:41.2	31	77.9%	M8km	M (45-49)	7	ON	Monarch Athletics Club
36	57	Larry McGregor	56	1682	Unattached Ontario	54	32:05.0	26:42.4	32	77.8%	M8km	M (55-59)	3	ON	Unattached Ontario
37	1	Bill Krezonoski	71	1538	Unattached Ontario	1	27:17.0	19:43.6	5	77.6%	M6km	M (70-74)	1	ON	Unattached Ontario
38	2	Derek Lincoln	40	1581	London Western T.f.c	2	28:25.3	26:51.4	33	77.4%	M8km	M (40-44)	1	ON	London Western T.f.c
39	12	Brian Weigelt	44	2105	Upriver Running	12	29:19.6	26:52.8	34	77.3%	M8km	M (40-44)	4	ON	Upriver Running
40	49	Danny Grossi	53	1397	Newmarket Huskies Tra	47	31:31.3	26:54.2	35	77.3%	M8km	M (50-54)	7	ON	Newmarket Huskies Track Club
41	35	Paul Felix	49	1297	Dundas Valley Track Cl	36	30:37.1	26:59.7	36	77.0%	M8km	M (45-49)	11	ON	Dundas Valley Track Club
42	19	Nancy Wells	78	2186	Unattached Ontario	6	41:09.5	22:47.6	6	76.9%	F6km	F (75-79)	1	ON	Unattached Ontario
43	19	Scott Wiebe	44	2112	Upriver Running	19	29:38.3	27:10.2	37	76.5%	M8km	M (40-44)	5	ON	Upriver Running
44	117	Colleen Larkin	56	1549	Unattached Ontario	22	38:45.4	31:09.3	38	76.2%	F8km	F (55-59)	3	ON	Unattached Ontario
45	52	Jessica Kaiser	37	1507	Cochrane Endurance P	3	31:47.2	31:11.3	39	76.1%	F8km	F (35-39)	1	AB	Cochrane Endurance Project
46	33	Michael Gill	47	1358	Dundas Valley Track Cl	34	30:29.7	27:18.4	40	76.1%	M8km	M (45-49)	9	ON	Dundas Valley Track Club
47	34	Neil Gowan	47	1378	Saugeen Track & Field	35	30:34.8	27:22.9	41	75.9%	M8km	M (45-49)	10	ON	Saugeen Track & Field Associatio
48	1	Ron Loewen	35	1589	Vancouver Thunderbird	1	28:03.9	27:27.3	42	75.7%	M8km	M (35-39)	1	BC	Vancouver Thunderbirds
49	22	Mark Vollmer	44	2087	Dundas Valley Track Cl	22	29:57.0	27:27.7	43	75.7%	M8km	M (40-44)	7	ON	Dundas Valley Track Club
50	62	Derek Hackshaw	55	1410	Newmarket Huskies Tra	59	32:44.2	27:28.8	44	75.6%	M8km	M (55-59)	4	ON	Newmarket Huskies Track Club
51	51	Ian Reid	51	1861	Monarch Athletics Club	49	31:42.0	27:30.2	45	75.6%	M8km	M (50-54)	8	ON	Monarch Athletics Club
52	31	Michael Bianchi	45	1079	Dundas Valley Track Cl	32	30:20.5	27:36.0	46	75.3%	M8km	M (45-49)	8	ON	Dundas Valley Track Club
53	42	Joseph Chappell	48	1158	Unattached Ontario	42	31:04.7	27:36.7	47	75.3%	M8km	M (45-49)	13	ON	Unattached Ontario
54	21	Jeremy Wilson	43	2121	Unattached Alberta	21	29:53.5	27:36.7	48	75.3%	M8km	M (40-44)	6	AB	Unattached Alberta
55	43	Robert McGill	48	1679	Dundas Valley Track Cl	43	31:06.6	27:38.5	49	75.2%	M8km	M (45-49)	14	ON	Dundas Valley Track Club
56	131	Laura Money	60	1716	Muskoka Algonquin Ru	30	41:39.7	31:35.7	50	75.2%	F8km	F (60-64)	3	ON	Muskoka Algonquin Runners
57	61	John Trojansek	54	2057	Huntsville Werc	58	32:40.5	27:39.1	51	75.2%	M8km	M (50-54)	12	ON	Huntsville Werc
58	91	Colleen Coxson	49	1209	Dundas Valley Track Cl	15	35:53.2	31:42.0	52	74.9%	F8km	F (45-49)	2	ON	Dundas Valley Track Club
59	63	Pedro Lopez-Bravo	54	1595	Newmarket Huskies Tra	60	32:48.1	27:45.9	53	74.9%	M8km	M (50-54)	13	ON	Newmarket Huskies Track Club
60	97	Jennifer Nicholson	50	1761	Muskoka Algonquin Ru	17	36:24.6	31:44.4	54	74.8%	F8km	F (50-54)	4	ON	Muskoka Algonquin Runners
61	46	Alex Farrell	48	1296	London Western T.f.c	44	31:16.5	27:47.4	55	74.8%	M8km	M (45-49)	15	ON	London Western T.f.c
62	23	Pearce Fallis	43	1293	Monarch Athletics Club	23	30:07.5	27:49.7	56	74.7%	M8km	M (40-44)	8	ON	Monarch Athletics Club
63	105	Zoe Webster	52	2104	Blue Devils Athletics Cl	20	37:27.4	31:48.4	57	74.7%	F8km	F (50-54)	5	ON	Blue Devils Athletics Club
64	54	Cullen Price	50	1838	Toronto Harriers	51	31:51.6	27:51.6	58	74.6%	M8km	M (50-54)	9	ON	Toronto Harriers
65	36	Brad Reiter	45	1865	Huntsville Werc	37	30:38.3	27:52.4	59	74.6%	M8km	M (45-49)	12	ON	Huntsville Werc
66	4	Ryan Power	36	1830	Unattached Ontario	4	28:44.7	27:57.3	60	74.3%	M8km	M (35-39)	2	ON	Unattached Ontario
67	56	Tom Sheridan	50	1949	Toronto Harriers	53	31:59.4	27:58.5	61	74.3%	M8km	M (50-54)	10	ON	Toronto Harriers
68	16	Nick Croker	39	1211	Unattached Ontario	16	29:31.4	28:06.2	62	74.0%	M8km	M (35-39)	3	ON	Unattached Ontario
69	101	Richard Sevigny	65	1941	Gatineau	83	36:34.5	28:07.4	63	73.9%	M8km	M (65-69)	1	QC	Gatineau
70	71	Pierre Mikhail	56	1703	Muskoka Algonquin Ru	65	33:50.6	28:09.8	64	73.8%	M8km	M (55-59)	6	ON	Muskoka Algonquin Runners
71	3	Malcolm Balk	70	1041	McGill Olympic Club	3	28:22.7	20:45.7	7	73.8%	M6km	M (70-74)	3	QC	McGill Olympic Club
72	27	Shawn Macfarlane	42	1612	Huntsville Werc	28	30:16.0	28:10.7	65	73.8%	M8km	M (40-44)	12	ON	Huntsville Werc
73	69	Joan Chung	41	1171	Dundas Valley Track Cl	6	33:38.1	32:13.2	66	73.7%	F8km	F (40-44)	3	ON	Dundas Valley Track Club
74	72	John Thomas	56	2035	University Of Toronto To	66	33:53.4	28:12.3	67	73.7%	M8km	M (55-59)	7	ON	University Of Toronto Tc
75	89	Deborah Powell	47	1829	Unattached Ontario	13	35:44.6	32:21.4	68	73.4%	F8km	F (45-49)	1	ON	Unattached Ontario
76	8	Ray Tucker	77	2059	Brantford T.f.c.	8	31:49.9	20:52.1	8	73.4%	M6km	M (75-79)	1	ON	Brantford T.f.c.
77	70	Mirco Graenert	55	1381	Newmarket Huskies Tra	64	33:44.4	28:19.1	69	73.4%	M8km	M (55-59)	5	ON	Newmarket Huskies Track Club
78	59	Jay Brecher	50	1113	Monarch Athletics Club	56	32:23.8	28:19.5	70	73.4%	M8km	M (50-54)	11	ON	Monarch Athletics Club
79	37	Ian Aseltine	43	1031	London Western T.f.c	38	30:45.4	28:24.8	71	73.1%	M8km	M (40-44)	13	ON	London Western T.f.c
80	48	Jason Eddy	46	1276	London Western T.f.c	46	31:29.4	28:25.4	72	73.1%	M8km	M (45-49)	16	ON	London Western T.f.c

81	138	Nancy Fulton	64	1325	Thames Athletics Club	33	45:35.2	32:30.6	73	73.1%	F8km	F (60-64)	4	ON	Thames Athletics Club
82	130	Tica Simmons	57	1968	Unattached Ontario	29	41:03.9	32:32.2	74	73.0%	F8km	F (55-59)	5	ON	Unattached Ontario
83	25	Andrew Galloway	40	1333	London Western T.f.c	26	30:12.5	28:32.5	75	72.8%	M8km	M (40-44)	10	ON	London Western T.f.c
84	26	Sinisa Simic	40	1965	Huntsville Werc	27	30:12.7	28:32.5	75	72.8%	M8km	M (40-44)	11	ON	Huntsville Werc
85	140	Melinda Tomek	64	2044	Thames Athletics Club	35	45:45.6	32:37.7	77	72.8%	F8km	F (60-64)	5	ON	Thames Athletics Club
86	68	Derek Mulhall	53	1730	Huntsville Werc	63	33:32.0	28:37.4	78	72.6%	M8km	M (50-54)	14	ON	Huntsville Werc
87	38	Adam Macdonald	42	1608	Thorold Elite Track Clut	39	30:46.8	28:38.6	79	72.6%	M8km	M (40-44)	14	ON	Thorold Elite Track Club
88	125	Clara Fitzgerald	56	1306	London Western T.f.c	26	40:50.5	32:49.8	80	72.3%	F8km	F (55-59)	4	ON	London Western T.f.c
89	64	Rebecca Bennitt	32	1074	Upriver Running	4	32:58.1	32:52.9	81	72.2%	F8km	F (30-34)	1	ON	Upriver Running
90	18	Elizabeth Johnston	72	1500	Thames Athletics Club	5	39:05.7	24:15.8	9	72.2%	F6km	F (70-74)	5	ON	Thames Athletics Club
91	116	Jim Van Buskirk	68	2077	Unattached Ontario	95	38:40.9	28:55.1	82	71.9%	M8km	M (65-69)	3	ON	Unattached Ontario
92	17	Wendy Fraser	70	1319	Thames Athletics Club	4	37:56.0	24:23.5	10	71.8%	F6km	F (70-74)	4	ON	Thames Athletics Club
93	13	Gabe Keenleyside	34	1515	London Western T.f.c	13	29:25.4	28:56.8	83	71.8%	M8km	M (30-34)	2	ON	London Western T.f.c
94	14	Jean-Francois Desjardins	34	1241	Unattached Ontario	14	29:26.9	28:57.7	84	71.8%	M8km	M (30-34)	3	ON	Unattached Ontario
95	88	Johani Londono	59	1594	Unattached Ontario	76	35:44.5	28:59.4	85	71.7%	M8km	M (55-59)	8	ON	Unattached Ontario
96	8	Jack Goldman	30	1365	Mile2Marathon	8	29:04.2	28:59.6	86	71.7%	M8km	M (30-34)	1	ON	Mile2Marathon
97	44	Michael Logue	42	1592	Newmarket Huskies Tra	25	31:09.9	29:00.0	87	71.7%	M8km	M (40-44)	9	ON	Newmarket Huskies Track Club
98	94	Robert Blair	60	1090	Newmarket Huskies Tra	78	36:10.4	29:05.3	88	71.4%	M8km	M (60-64)	5	ON	Newmarket Huskies Track Club
99	106	Steve Sauder	64	1921	Thames Athletics Club	86	37:30.3	29:06.2	89	71.4%	M8km	M (60-64)	6	ON	Thames Athletics Club
100	112	Angela Driscoll	50	1267	Newmarket Huskies Tra	21	38:15.7	33:21.2	90	71.2%	F8km	F (50-54)	6	ON	Newmarket Huskies Track Club
101	81	Kate Henderson	41	1442	Unattached Ontario	8	35:00.9	33:31.8	91	70.8%	F8km	F (40-44)	4	ON	Unattached Ontario
102	133	Kathy Mantel	57	1636	Brantford T.f.c.	32	42:19.6	33:32.4	92	70.8%	F8km	F (55-59)	6	ON	Brantford T.f.c.
103	79	Ian Sinclair	54	1971	Toronto Olympic Track	72	34:42.4	29:22.4	93	70.8%	M8km	M (50-54)	16	ON	Toronto Olympic Track & Field Cl
104	65	Gilles Frenette	48	1321	Ottawa Lions T.f.c	61	33:04.6	29:23.4	94	70.7%	M8km	M (45-49)	17	ON	Ottawa Lions T.f.c
105	41	Aaron Haddad	39	1411	Unattached Ontario	41	30:56.9	29:27.1	95	70.6%	M8km	M (35-39)	4	ON	Unattached Ontario
106	87	Daun Lynch	43	1605	Islanders Track And Fie	12	35:43.7	33:40.4	96	70.5%	F8km	F (40-44)	5	PE	Islanders Track And Field
107	113	Alain Roy	65	1895	Club De Course Les Vil	92	38:19.4	29:28.2	97	70.5%	M8km	M (65-69)	2	QC	Club De Course Les Vikings
108	73	Charlie Molina	50	1714	Toronto West Athletics	67	33:55.4	29:40.0	98	70.1%	M8km	M (50-54)	15	ON	Toronto West Athletics
109	6	Michael Secker	73	1936	Running Room Athletic	6	31:10.8	21:54.8	11	69.9%	M6km	M (70-74)	6	AB	Running Room Athletic Club Albe
110	84	John Soltice	54	1995	Edmonton Masters Athl	74	35:08.9	29:44.4	99	69.9%	M8km	M (50-54)	17	AB	Edmonton Masters Athletics Asso
111	47	Adrian Lambert	39	1545	Unattached Alberta	45	31:17.3	29:47.1	100	69.8%	M8km	M (35-39)	5	AB	Unattached Alberta
112	142	Patty Blanchard	67	1094	Unattached-New Bruns	36	50:10.4	34:04.4	101	69.7%	F8km	F (65-69)	2	NB	Unattached-New Brunswick
113	4	Wayne Gagne	70	1329	Muskoka Algonquin Ru	4	30:02.9	21:58.9	12	69.7%	M6km	M (70-74)	4	ON	Muskoka Algonquin Runners
114	102	Jianping Xu	59	2134	Dundas Valley Track Cl	84	36:47.3	29:50.5	102	69.6%	M8km	M (55-59)	11	ON	Dundas Valley Track Club
115	143	Janice Strickland	68	2017	Thames Athletics Club	37	51:07.8	34:08.1	103	69.6%	F8km	F (65-69)	3	ON	Thames Athletics Club
116	77	Jessica Shaw	35	1946	Newmarket Huskies Tra	7	34:31.2	34:09.3	104	69.5%	F8km	F (35-39)	2	ON	Newmarket Huskies Track Club
117	60	Stephen Sherwin	44	1952	Toronto West Athletics	57	32:38.2	29:55.3	105	69.5%	M8km	M (40-44)	15	ON	Toronto West Athletics
118	92	Thomas Evans	56	1289	Penticton Track & Field	77	36:03.6	30:00.5	106	69.3%	M8km	M (55-59)	9	BC	Penticton Track & Field Club
119	50	Matthew Ottaway	39	1778	London Western T.f.c	48	31:32.2	30:01.4	107	69.2%	M8km	M (35-39)	6	ON	London Western T.f.c
120	86	Mary Catherine Stewart	39	2012	Unattached Ontario	11	35:24.6	34:22.0	108	69.1%	F8km	F (35-39)	3	ON	Unattached Ontario
121	5	Gerald Holliday	71	1461	Newmarket Huskies Tra	5	30:40.3	22:10.3	13	69.1%	M6km	M (70-74)	5	ON	Newmarket Huskies Track Club
122	95	Sam Zhou	56	2149	Roadkill Running Club	79	36:12.2	30:08.0	109	69.0%	M8km	M (55-59)	10	MB	Roadkill Running Club
123	7	Don Bakker	73	1038	Unattached Ontario	7	31:43.1	22:18.0	14	68.7%	M6km	M (70-74)	7	ON	Unattached Ontario
124	100	Karen Tyssen	42	2187	London Western T.f.c	18	36:32.0	34:43.9	110	68.4%	F8km	F (40-44)	6	ON	London Western T.f.c
125	122	Marc Beaudoin	66	1056	Unattached-New Bruns	98	40:06.4	30:33.4	111	68.0%	M8km	M (65-69)	4	NB	Unattached-New Brunswick
126	96	Alain Deschamps	54	1238	Thorold Elite Track Clut	80	36:16.7	30:42.0	112	67.7%	M8km	M (50-54)	18	ON	Thorold Elite Track Club
127	114	Paul Thibodeau	61	2034	Unattached-New Bruns	93	38:32.3	30:43.1	113	67.7%	M8km	M (60-64)	7	NB	Unattached-New Brunswick
128	76	John Lofranco	47	1590	Vainqueurs Plus	70	34:22.0	30:47.1	114	67.5%	M8km	M (45-49)	18	QC	Vainqueurs Plus
129	126	Ian Bancroft	67	1042	Unattached Ontario	100	40:51.0	30:50.5	115	67.4%	M8km	M (65-69)	6	ON	Unattached Ontario
130	127	Brent Hutchinson	67	1477	Brantford T.f.c.	101	40:54.1	30:52.8	116	67.3%	M8km	M (65-69)	7	ON	Brantford T.f.c.
131	90	Fannie Royer	36	1898	QC - Independant	14	35:51.7	35:20.2	117	67.2%	F8km	F (35-39)	4	QC	QC - Indépendant
132	124	Tony Leslie	66	1574	Unattached Ontario	99	40:35.0	30:55.5	118	67.2%	M8km	M (65-69)	5	ON	Unattached Ontario
133	67	Craig Thompson	42	2037	University Of Toronto T	62	33:28.4	31:09.4	119	66.7%	M8km	M (40-44)	16	ON	University Of Toronto Tc
134	107	Dan Moriarity	56	1720	Longboat Roadrunners	87	37:31.1	31:13.7	120	66.6%	M8km	M (55-59)	12	ON	Longboat Roadrunners
135	23	Rita Melville	74	1696	Thames Athletics Club	7	43:59.2	26:19.4	15	66.5%	F6km	F (70-74)	6	ON	Thames Athletics Club
136	109	Brent Armstrong	57	1029	Unattached Ontario	89	37:54.4	31:17.0	121	66.4%	M8km	M (55-59)	13	ON	Unattached Ontario
137	123	Cora Yin	49	2138	Unattached Ontario	25	40:30.8	35:46.7	122	66.4%	F8km	F (45-49)	4	ON	Unattached Ontario
138	74	Justin Pozin	44	1833	Unattached Ontario	68	34:14.4	31:23.3	123	66.2%	M8km	M (40-44)	17	ON	Unattached Ontario
139	98	Nathan Nugent	50	1770	Unattached Ontario	81	36:30.0	31:55.6	124	65.1%	M8km	M (50-54)	19	ON	Unattached Ontario
140	111	Mark Sinnige	55	1974	Muskoka Algonquin Ru	91	38:02.8	31:55.7	125	65.1%	M8km	M (55-59)	14	ON	Muskoka Algonquin Runners
141	120	Elizabeth Stewart	46	2011	Unattached Ontario	24	39:58.5	36:35.8	126	64.9%	F8km	F (45-49)	3	ON	Unattached Ontario
142	136	Tony Farr	69	1295	University Of Toronto T	104	43:17.8	32:02.3	127	64.9%	M8km	M (65-69)	9	ON	University Of Toronto Tc
143	115	Tony Marra	56	1645	Huntsville Werc	94	38:35.8	32:07.0	128	64.7%	M8km	M (55-59)	15	ON	Huntsville Werc
144	9	Bob Holmes	70	1465	Running Room Athletic	9	32:23.3	23:42.1	16	64.6%	M6km	M (70-74)	8	AB	Running Room Athletic Club Albe
145	16	Alex MacEachern	78	1611	Calgary Spartans	13	36:55.0	23:43.1	17	64.6%	M6km	M (75-79)	3	AB	Calgary Spartans
146	135	James Freemantle	66	1320	Newmarket Huskies Tra	103	42:29.9	32:22.3	129	64.2%	M8km	M (65-69)	8	ON	Newmarket Huskies Track Club
147	121	Andre Boudreault	59	1103	Muskoka Algonquin Ru	97	40:03.2	32:29.6	130	64.0%	M8km	M (55-59)	16	ON	Muskoka Algonquin Runners
148	80	Volodymyr Yefanov	41	2135	NCE	73	34:51.5	32:41.4	131	63.6%	M8km	M (40-44)	18	ON	Svitanok - Brlvc
149	110	Ian McDougall	52	1675	Newmarket Huskies Tra	90	38:00.0	32:42.2	132	63.6%	M8km	M (50-54)	20	ON	Newmarket Huskies Track Club
150	14	Tim Payne	74	1793	Newmarket Huskies Tra	11	35:00.3	24:13.8	18	63.2%	M6km	M (70-74)	10	ON	Newmarket Huskies Track Club
151	15	Murray Hale	75	1414	Newmarket Huskies Tra	12	35:44.4	24:19.6	19	63.0%	M6km	M (75-79)	2	ON	Newmarket Huskies Track Club
152	108	Jeff Macaloney	48	1607	Brantford T.f.c.	88	37:47.7	33:34.9	133	61.9%	M8km	M (45-49)	19	ON	Brantford T.f.c.
153	22	Verner Christensen	83	1170	University Of Toronto T	16	43:46.0	24:46.3	20	61.8%	M6km	M (80-84)	1	ON	University Of Toronto Tc
154	137	David Gale	66	1331	Thames Athletics Club	105	44:10.6	33:39.3	134	61.8%	M8km	M (65-69)	10	ON	Thames Athletics Club
155	119	Patrick McLean	54	1690	Newmarket Huskies Tra	96	39:51.2	33:44.0	135	61.6%	M8km	M (50-54)	21	ON	Newmarket Huskies Track Club
156	78	Michael Perczyszyn	35	1799	London Western T.f.c	71	34:36.2	33:52.0	136	61.4%	M8km	M (35-39)	7	ON	London Western T.f.c
157	144	Nancy Konyu	69	1536	Newmarket Huskies Tra	38	58:57.1	38:42.0	137	61.4%	F8km	F (65-69)	4	ON	Newmarket Huskies Track Club
158	13	Richard Bird	70	1083	Thames Athletics Club	10	34:47.7	25:27.5	21	60.2%	M6km	M (70-74)	9	ON	Thames Athletics Club
159	118	Stephanie Ross	32	1891	Unattached Ontario	23	39:44.9	39:37.8	138	59.9%	F8km	F (30-34)	2	ON	Unattached Ontario
160	85	Tyler Harper	32	1427	Aeotos Athletica	75	35:17.7	35:00.5	139	59.4%	M8km	M (30-34)	4	NB	Aetos Athletica
161	99	Eric Greig	37	1393	Unattached Ontario	82	36:31.6	35:16.9	140	58.9%	M8km	M (35-39)	8	ON	Unattached Ontario

162	134	Chris Madsen	56	1627	University Of Toronto Tc	102	42:24.5	35:17.6	141	58.9%	M8km	M (55-59)	17	ON	University Of Toronto Tc
163	26	Michael Goodstadt	84	1370	University Of Toronto Tc	19	47:57.2	26:18.9	22	58.2%	M6km	M (80-84)	2	ON	University Of Toronto Tc
164	103	Michael Mackett	33	1616	Unattached Ontario	85	36:48.3	36:22.6	142	57.1%	M8km	M (30-34)	5	ON	Unattached Ontario
165	139	Jessica Sheppard	41	1948	Muskoka Algonquin Ru	34	45:38.7	43:43.0	143	54.3%	F8km	F (40-44)	7	ON	Muskoka Algonquin Runners
166	20	Phillip Swift	76	2019	University Of Toronto Tc	14	42:41.1	28:32.5	23	53.7%	M6km	M (75-79)	4	ON	University Of Toronto Tc
167	25	Eric Magni	78	1628	Thames Athletics Club	18	46:17.4	29:44.2	24	51.5%	M6km	M (75-79)	6	ON	Thames Athletics Club
168	141	Mark Goveia	54	1376	Thorold Elite Track Clu	106	48:30.4	41:03.3	144	50.6%	M8km	M (50-54)	22	ON	Thorold Elite Track Club
169	21	Morrison Reid	73	1862	Thames Athletics Club	15	43:31.1	30:35.8	25	50.1%	M6km	M (70-74)	11	ON	Thames Athletics Club
170	24	Allen Groome	75	1396	Longboat Roadrunners	17	45:52.8	31:13.6	26	49.1%	M6km	M (75-79)	5	ON	Longboat Roadrunners
171	27	Roy Collins	81	1194	Unattached Ontario	20	61:09.2	36:35.9	27	41.9%	M6km	M (80-84)	3	ON	Unattached Ontario